

Trial of Labor After Cesarean Delivery Consent

The following check list is designed to help you make an informed decision as to attempt to deliver vaginally after you have had a prior Cesarean delivery. This procedure is called Trial of Labor After Cesarean delivery, TOLAC. Initial each section and choose your option of attempting a TOLAC or a repeat Cesarean delivery.

Initial

- _____ 1. I understand that I have the option of an elective repeat Cesarean delivery or to attempt a trial of labor after cesarean delivery, TOLAC.
- _____ 2. I understand that approximately 60% - 70% of women who undergo a TOLAC will successfully deliver vaginally.
- _____ 3. I understand that TOLAC carries a lower risk to me than a Cesarean delivery. The benefits of a successful TOLAC include decreased blood loss, decreased post delivery complications, and a shorter recuperative period.
- _____ 4. I understand that the risk of a uterine rupture during TOLAC in someone who has had a prior incision in the non-contracting part of my uterus is at least 1%.
- _____ 5. I understand that TOLAC is associated with a higher risk of harm to my baby than to me.
- _____ 6. If my uterus ruptures during my TOLAC, I understand there may not be sufficient time to operate and prevent death or permanent brain injury to my baby.
- _____ 7. The exact frequency of death or permanent neurologic injury to the baby when the uterus ruptures is uncertain, but has been reported to be as high as 50%.
- _____ 8. The risks to me after rupture of the uterus include, but are not limited to, hysterectomy (removal of the uterus), blood transfusion, infection, injury to internal organs (bowel, bladder, ureter), blood coagulation, problems, or death.
- _____ 9. Probable contraindications to TOLAC include previous classical uterine incision, multiple gestations, and breech presentation.
- _____ 10. I understand that during my TOLAC the use of oxytocin (Pitocin), a hormone to make my uterus contract, may be necessary to assist me in my vaginal delivery. There may be increased risk with the use of oxytocin during Trial of Labor After Cesarean delivery, TOLAC.
- _____ 11. I understand that if I choose a TOLAC and end up having a Cesarean during labor, I have a greater risk of problems than if I had an elective Cesarean.
- _____ 12. I have read ACOG's patient information: [Cesarean Birth](#) and [Vaginal Birth After Cesarean Delivery: Deciding on a Trial of Labor After Cesarean Delivery](#).
- _____ 13. I have read, or have had read to me, the above information, and I understand it. After discussing my options with my physician, I have had all my questions answered and I have received all the information I need to make an informed choice.
- _____ I want to attempt a Trial of Labor After Delivery, TOLAC.
- _____ I want to have a repeat Cesarean delivery.

Patient's Printed Name

Date

Patient Signature

Date