

### **Trial of Labor After Cesarean Delivery Policy**

We support women who want to attempt a vaginal delivery after a Cesarean delivery referred to as Trial of Labor After Cesarean Delivery, (TOLAC). There is an increased risk associated with this type of delivery; consequently, we have developed the following policy. This policy is based on recommendations set forth by the American Congress of Obstetrics and Gynecology. Women who want to attempt a vaginal delivery after a Cesarean delivery with our practice must meet and agree to the following criteria.

1. One prior Cesarean delivery with a documented low transverse incision on the uterus. Women with two prior Cesarean delivery are not considered candidates for vaginal delivery with our practice.
2. The fetus must be in the cephalic, head down presentation.
3. The patient must agree to continuous monitoring in labor, including the use of internal monitors when necessary. This may preclude the ability to ambulate in some situations.
4. The patient must allow intravenous access upon admission.
5. We will not induce women who have had a prior Cesarean delivery. This does not preclude the use of oxytocin (Pitocin) if needed, to augment labor. This statement is based on guidelines proposed by the American Congress of Obstetrics and Gynecology.
6. If you have not delivered by 39 weeks, you must schedule a repeat Cesarean delivery on or before your due date.
7. If at any time the physician managing your labor feels it is unsafe for you to continue, we will recommend a Cesarean delivery.
8. You have been given ACOG's patient information: Cesarean Birth and Vaginal Birth After Cesarean Delivery: Deciding on a Trial of Labor After Cesarean Delivery. You will need to sign the TOLAC consent if you would like to proceed with a TOLAC. You will have the opportunity to discuss the TOLAC consent with our physicians during your early visits.

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Patient's Printed Name

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Date

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Patient Signature

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Date